

If your country is shown in this list, 'Europe' is your correct option.

The list is that used by UK Royal Mail for defining international postal zones.

Albania	Denmark (EU)	Kyrgyzstan	Russia
Andorra	Estonia (EU)	Latvia (EU)	San Marino
Armenia	Faroe Islands	Liechtenstein	Serbia
Austria (EU)	Finland (EU)	Lithuania (EU)	Slovakia (EU)
Azerbaijan	France (EU)	Luxembourg (EU)	Slovenia (EU)
Azores (EU)	Georgia	Macedonia	Spain (EU)
Balearic Islands (EU)	Germany (EU)	Madeira (EU)	Sweden (EU)
Belarus	Gibraltar (EU)	Malta (EU)	Switzerland
Belgium (EU)	Greece (EU)	Moldova	Tajikistan
Bosnia Herzegovina	Greenland	Monaco (EU)	Turkey
Bulgaria (EU)	Hungary (EU)	Montenegro	Turkmenistan
Canary Islands	Iceland	Netherlands (EU)	Ukraine
Corsica (EU)	Irish Republic (EU)	Norway	Uzbekistan
Croatia	Italy (EU)	Poland (EU)	Vatican City State
Cyprus (EU)	Kazakhstan	Portugal (EU)	
Czech Republic (EU)	Kosovo	Romania (EU)	